

CHESTER COUNTY TRAIL CLUB: COVID-19 SPECIAL COMMITTEE
REQUIREMENTS AND PROCEDURES FOR CCTC HIKING

Amended November 22, 2020

1. Club Responsibilities:

- a. Within the content of each of CCTC's Quarterly Hiking Schedules, include an Announcement about the hiking requirements and procedures affected by COVID-19. The same Announcement will be posted on the Club's Website and on the Club's Facebook page.
- b. Keep track of and announce any COVID-19 restriction changes as identified by the Centers for Disease Control and Prevention (CDC) and State and County governments.
- c. Upon being informed that a Club member has COVID-19 or has been in contact with someone who has COVID-19 and that the Club member has been on any CCTC hike within fourteen (14) days prior to the diagnosis or contact, notify all hikers who have been present on any of these same hikes. The name of the individual will be provided if he/she consents.

2. Individual Responsibilities:

- a. Stay home when not feeling well.
- b. If diagnosed with COVID-19 and have participated in any Club hikes within 14 days prior to this diagnosis, immediately notify the Hike Leader(s) of this fact and refrain from participating in any in-person Club activity until the following conditions are met: Fourteen (14) days have passed since symptoms first appeared, twenty-four (24) hours have passed with no fever without medications, and all other COVID-19 symptoms have improved.
- c. If notified of any contact with someone who has COVID-19, refrain from participating in any in-person Club activity for fourteen (14) days following the contact.
- d. Follow Hike Leader directions.
- e. All hikers must have a facial covering or mask and wear it at all times during the circle-up and the hike except for brief periods when eating, drinking, or if respiratory difficulty occurs.
- f. Maintain an all-around distance of at least six (6) feet between individuals during the circle-up and the hike.
- g. Whenever any hiker coughs or sneezes, they must turn to the side and cover their mouth and nose to avoid coughing or sneezing in anyone's direction.
- h. If a Hike Leader sets a limit on the number of hikers, go to the Club's Website to register to attend the hike.

3. Hike Leader Responsibilities:

- a. Notify the Chair of the Communications Committee if any hiker reports a COVID-19 diagnosis or contact with someone who has COVID-19.
- b. If limiting the number of hikers on any hike, inform the Chair of the Communications Committee.
- c. Hike Leaders must not schedule any hike that requires carpooling or shuttles.
- d. Sign-in every hiker, print legibly, and spell names correctly.
- e. Confirm that all hikers have a facial covering or mask.
- f. Present a summary of the Club's Liability Release & Hold Harmless Agreement.
- g. Remind everyone of COVID-19 social distancing requirements among CCTC hikers as well as anyone else who is closely encountered during a hike's activity.

4. Limits on Number of Hikers per Hike:

- a. No limit on the total number of hikers per hike, except as limited by current COVID-19 restrictions or by the Hike Leader.
- b. If more hikers show up for a hike than COVID-19 restrictions allow for a single group, the group will be split into however many groups are necessary to remain in compliance with COVID-19 group size and distancing restrictions.