

CHESTER COUNTY TRAIL CLUB: COVID-19 SPECIAL COMMITTEE
REQUIREMENTS AND PROCEDURES FOR CCTC HIKING

Amended February 8, 2022

1. Club Responsibilities:

- a. Within the content of each of CCTC's Quarterly Hiking Schedules, include an Announcement about the hiking requirements and procedures affected by COVID-19. The same Announcement will be posted on the Club's Website and on the Club's Facebook page.
- b. Keep track of and announce any COVID-19 restriction changes as identified by the Centers for Disease Control and Prevention (CDC) and State and County governments.
- c. Upon being informed that a Club member has COVID-19 or has been in contact with someone who has COVID-19 and that the Club member has been on any CCTC hike within ten (10) days prior to the diagnosis or contact, notify all hikers who have been present on any of these same hikes. The name of the individual will be provided if he/she consents.

2. Individual Responsibilities:

- a. Stay home when not feeling well.
- b. If diagnosed with COVID-19 and have participated in any Club hikes within ten (10) days prior to this diagnosis, immediately notify Hike Leader(s) of this fact and refrain from participating in any in-person Club activity until the following conditions are met: ten (10) days have passed since symptoms first appeared, twenty-four (24) hours with no fever without medications, and other symptoms have improved.
- c. If an unvaccinated hiker has been in contact with someone who has COVID-19, they must refrain from participating in any in-person Club activity for ten (10) days following the contact. Fully vaccinated hikers can continue to hike with the Club unless they develop symptoms of COVID-19.
- d. Unvaccinated hikers must refrain from attending any indoor Club activities that involve eating or drinking.
- e. Follow Hike Leader directions.
- f. Fully vaccinated hikers do not need to wear masks during the circle up and the hike. Hikers who are not fully vaccinated should wear masks during the circle-up and the hike unless they are able to maintain six (6) feet between individuals and unless they are eating, drinking or if respiratory difficulty occurs.
- g. Whenever any hiker coughs or sneezes, they must turn to the side and cover their mouth and nose to avoid coughing or sneezing in anyone's direction.
- h. If a hike leader lists a hike that involves carpooling or shuttling, only fully vaccinated people may be included in the carpool or shuttle. Wearing masks inside the carpool and/or shuttle vehicles is at the discretion of each vehicle's drivers. For hikes announced with carpooling from a pre-hike meeting location, hikers who do not wish to carpool may drive directly to the hike location in other vehicles.

3. Hike Leader Responsibilities:

- a. Notify the Chair of the Communications Committee if any hiker reports a COVID-19 diagnosis or contact with someone who has COVID-19.
- b. Announce to hikers any requirements, procedures, restrictions, etc. at the hiking location that are more inclusive than the requirements and procedures in this document, and that such local requirements, etc. must be adhered to, e.g., a requirement that masks must be worn by everyone while on the property.
- c. It is strongly recommended that Hike Leaders remind hikers of the revisions to these guidelines before the hike during the circle-up.

