

## **CHESTER COUNTY TRAIL CLUB: COVID-19 SPECIAL COMMITTEE**

### **REQUIREMENTS AND PROCEDURES FOR CCTC HIKING**

Amended April 29, 2021

#### **1. Club Responsibilities:**

- a. Within the content of each of CCTC's Quarterly Hiking Schedules, include an Announcement about the hiking requirements and procedures affected by COVID-19. The same Announcement will be posted on the Club's Website and on the Club's Facebook page.
- b. Keep track of and announce any COVID-19 restriction changes as identified by the Centers for Disease Control and Prevention (CDC) and State and County governments.
- c. Upon being informed that a Club member has COVID-19 or has been in contact with someone who has COVID-19 and that the Club member has been on any CCTC hike within fourteen (14) days prior to the diagnosis or contact, notify all hikers who have been present on any of those same hikes. The name of the individual will be provided if he/she consents.

#### **2. Individual Responsibilities:**

- a. Stay home when not feeling well.
- b. If diagnosed with COVID-19 and have participated in any Club hike(s) within fourteen (14) days prior to the diagnosis, immediately notify the Hike Leader(s) of that fact and refrain from participating in any in-person Club activity until the following conditions are met: Fourteen (14) days have passed since symptoms first appeared, twenty-four (24) hours with no fever without medications, and other symptoms have improved.
- c. If notified of any contact with someone who has COVID-19, refrain from participating in any in-person Club activity for fourteen (14) days following the contact.
- d. Follow Hike Leader directions.
- e. All hikers must have a facial covering or mask. Fully vaccinated hikers are not required to wear a mask during the circle-up and the hike, except when passing or in the near vicinity of other people. Hikers who are not fully vaccinated must wear a mask at all times during the circle-up and the hike except when eating, drinking, or if respiratory difficulty occurs.
- f. Maintain an all-around distance of at least six (6) feet between individuals during the circle-up and the hike.
- g. Whenever any hiker coughs or sneezes, they must turn to the side and cover their mouth and nose to avoid coughing or sneezing in anyone's direction.
- h. If a hike is announced with a set limit on the number of hikers, go to the Club's Website to register to attend the hike.
- i. If a hike involves carpooling and/or shuttling, only fully vaccinated hikers may participate in the carpool and/or shuttle. Wearing masks inside the carpool and/or shuttle vehicles is at the discretion of each vehicle's driver. For hikes announced with carpooling from a pre-hike meeting location, hikers who do not wish to carpool may drive directly to the hike location in other vehicles.

**3. Limits on Number of Hikers per Hike:**

- a. No limit on the total number of hikers per hike, except as limited by current COVID-19 restrictions or by the Hike Leader.
- b. If more hikers show up for a hike than COVID-19 restrictions allow for a single group, the group will be split into however many groups are necessary to remain in compliance with COVID-19 group size and distancing restrictions.

**4. Hike Leader Responsibilities:**

- a. Notify the Chair of the Communications Committee if any hiker reports a COVID-19 diagnosis or contact with someone who has COVID-19.
- b. If limiting the number of hikers on any hike, inform the Chair of the Communications Committee to have hike registration required.
- c. Sign-in every hiker, print legibly, and spell names correctly.
- d. Confirm that all hikers have a facial covering or mask to be used whenever required.
- e. Present a summary of the Club's Liability Release & Hold Harmless Agreement.
- f. Remind everyone of COVID-19 social distancing requirements among CCTC hikers as well as anyone else who is closely encountered during a hike's activity.
- g. Announce to hikers any requirements, procedures, restrictions, etc. at the hiking location that are more inclusive than the requirements and procedures in this document, and that such local requirements, etc. must be adhered to, e.g., a requirement that masks must be worn by everyone while on the property.