

## CHESTER COUNTY TRAIL CLUB

### SAMPLE HIKING SCHEDULE

#### BACKPACKING AND LONG WEEKEND HIKES OFFERED DURING THE YEAR

**Mid-State Trail:** Mid-State Trail (PA 164/Martinsburg to Colerain Rd). This is a weekend trip, day hiking on the Mid-State Trail. We'll be hiking from PA 164/Martinsburg to Colerain Rd. for about 35 miles of the Mid-State Trail. The hikes are shuttle hikes and no more than 2 people to a car. May 16 is a travel day for those doing the whole weekend. For more information contact the hike leader.

**Dolly Sods Wilderness:** Meet for a 20 - 25 mile backpacking loop. Including travel, it is approximately 5 hours from West Chester. Daily distances will be moderate. Terrain **APPEARS** moderate, but this is a new area for all of us, so no guarantees! This is limited to 8 experienced backpackers. The details will follow.

**Bucktail Trail:** . Backpacking weekend on the Bucktail trail. The trail is located in the Elk State Forest, in north central PA, and lies almost entirely in Cameron Co. Sept. 19 is a travel day for those doing the weekend. For more information contact the hike leader.

**PINCHOT STATE FOREST:** Introduction to backpacking overnight in the Pinchot State Forest. If you are interested in trying out backpacking this is the hike for you. This will be a 12 mile loop hike with a single overnight. Contact HL if you are interested, or need to borrow equipment. Limited to 8 participants.

## Recurring weekly Hikes ( ALL YEAR LONG)

Day/Time	Miles/Class	Description
Tuesday Morning 7:00 AM	5 Miles Class A	<b>FITNESS HIKE, RIDLEY CREEK STATE PARK:</b> 5 mile hike on the bike path in Ridley Creek State Park. Meet in the lower parking lot below the park office in Ridley Creek State Park at 7:00 AM.
Tuesday Morning 8:45 AM	6 - 8 Miles Class B/C	<b>FITNESS HIKE, RIDLEY CREEK STATE PARK:</b> 6 to 8 mile moderate hike in the woods. Meet in the lower parking lot below the park office in Ridley Creek State Park at 8:45 AM. Bring water and snack. Heavy rain cancels.
Wednesday Evening 6:00 PM	5 - 7 Miles Class A	<b>VALLEY FORGE PARK:</b> fast paced loop hike up, down and around Mt. Misery and Mt. Joy. Meet at the Knox parking lot on Route 252 just east of the covered bridge. Directions: From Route 202, take Route 252 (Valley Forge Road) north for 1.2 miles. Lot is on the left. Bring water and snack.
Thursday Afternoon 1:15 PM	5 Miles Class B/C	<b>HARMONY HILL NATURE AREA:</b> Skelp Level Rd parking lot. Directions: From West Chester go west on Route 322; turn right onto Skelp Level Rd; go 1.6 miles to the driveway on the left. If you reach Wilderness Trail you went a little too far. From Downingtown go east on Route 322; turn left onto Boot Rd (Wawa is at the intersection). Then continue for approximately 0.6 mile. Turn right onto Skelp Level Rd and continue for approximately one mile. The entrance to the Harmony Hill Nature Area (1200 Skelp Level Rd) will be on your right. If you reach Winchester Trail, you went a little too far. Bring water and snack. . Well-behaved dogs are welcome.
Friday Morning between 7:00–8:15 AM	4 Miles Class C/D	<b>FITNESS HIKE, VALLEY FORGE PARK:</b> between 7:00 & 8:15 AM for a “hill workout at your own pace,” for 4 circuits up and down the Wolfinger Trail at Mt. Misery or a loop up Mt Misery and back on Creek Trail. Sign-in sheet on hike leader’s car. New hikers please call the leader. Park in the Wilson Rd parking lot off of Yellow Springs Rd. Restrooms and water are available.

Friday Morning 9:30 AM	6 - 7 Miles Class B/C	<b>WOLF'S HOLLOW COUNTY PARK:</b> hike on the trails in and around the park. Directions: West on Route 30 to Route 10; turn left onto Route 10 and go 3.7 miles to Highland Rd. Turn right onto Highland Rd and go 3.3 miles to left onto Bailey Crossroads. Take the 1st right onto Schoff Rd and go about 1 mile and turn right into Wolf's Hollow Drive to the parking lot on left. Bring water. Please Note: This hike will not be held on the Fridays when there is an Adopt-A-Highway or other work hikes. Any questions or in doubt, contact one of the hike leaders.
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**EXAMPLE OF HIKE SCHEDULE ( EVERY SATURDAY, SUNDAY AND WEDNESDAY ALL YEAR PLUS DIFFERENT LEVELS) THIS SCHEDULE IS SENT OUT EVERY QUARTER DURING THE YEAR.**

Saturday Long Hike 9:30 AM	12 Miles Class A	<b>SCHUYIKILL RIVER TRAIL, Spring Mill To Manayunk:</b> Spring Mill Train Station for a hike to Manayunk. Have lunch at the Manayunk Brewery and then hike back to Spring Mill. Bring water and money for lunch. Directions: From King of Prussia, go east on the Schuylkill Expressway to the Conshohocken Exit. Take the right hand fork at the exit and cross the bridge to Conshohocken. Take the first right onto Elm St and go 0.9 mile. Turn left on Sandy St and then immediately right on Hector St. Go 0.3 mile to traffic light at Station Ave. Turn right and go 0.1 mile to parking lot on left.
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Sunday 1:30 PM	5 Miles Class B/C	<b>VALLEY FORGE PARK/ HORSE-SHOE TRAIL :</b> Wilson Rd parking lot off of Yellow Springs Rd. This hike is through a seldom explored area of West Mt. Misery, the Horse-Shoe Trail, and Mt. Joy. Directions: From Route 202, take the Chesterfield Blvd exit and turn left onto Chesterbrook Blvd. Turn left onto Route 252 N, then left at the covered bridge onto Yellow Springs Rd. Turn left onto Wilson Rd parking lot is on the right. Steady rain cancels. Bring snack and water.
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<p>Wednesday</p> <p>9:30 AM</p>	<p>Miles 7</p> <p>Class A</p>	<p><b>PAWLINGS ROAD RIVER TRAIL:</b> Pawlings Rd parking lot of VFNP for a loop hike through the woods. Directions: Take Route 23 West toward Phoenixville. Turn Right at Ferry Rd traffic light to 3-way stop. Turn right onto Pawlings Rd. Cross the Schuylkill River and the parking lot will be on your right immediately after the bridge. Bring snack and water.</p>
<p>Thursday</p> <p>7:00 PM</p>	<p>6 miles</p> <p>Class A</p>	<p><b>FULL MOON HIKE ALONG STRUBLE TRAIL:</b> the Rite Aid in Downingtown, 101 Wallace Ave, 19335. Follow the Struble Trail by the light of the full moon.</p>

<p>Saturday</p> <p>Longer Hike</p> <p>9:00 AM</p>	<p>8-9 Miles</p> <p>Class B/C</p>	<p><b>WELSH MT. PRESERVE &amp; MONEY ROCKS PARK:</b> hike through this scenic nature preserve. Directions: From Business Route 30 West in Downingtown, turn right onto Route 322 West for 17 miles to Narvon Rd. Turn left onto Narvon Rd for 2.5 miles to Gault Rd. Turn right onto Gault Rd for .7 mile to parking lot on right. Bring water, snack and lunch.</p>
<p>Saturday</p> <p>Short Hike</p> <p>9:00 AM</p>	<p>5 miles</p> <p>Class A</p>	<p><b>RADNOR TRAIL:</b> parking lot of Devon Square Shopping Center at Sugartown Rd and Route 30, Address: 700 W. Lancaster Ave, Wayne, PA. Directions: take Route 30 East from Route 252 in Paoli for 4 miles to Sugartown Rd (at light after shopping center; Old Eagle School Rd is on left). Turn right onto Sugartown Rd, right into shopping center entrance. Then left and park closest to Sugartown Rd. Bring water and snack. Walking shoes are appropriate.</p>

<p>Saturday</p> <p>Shorter Hike</p> <p>9:00 AM</p>	<p>3.5 Miles</p> <p>Class A</p>	<p><b>SADSBURY WOODS PRESERVE:</b> Address: 443 Old Wilmington Rd, Coatesville, PA. Directions: Take Business Route 30/Lincoln Highway West from Coatesville until light at Old Wilmington Rd. Turn right (north) and drive 1.8 miles to gravel parking lot on the left. No stream crossings. Bring water and snack. This is a great hike for those new to hiking or looking for a shorter, slower paced hike. Well behaved dogs are invited to join hikers.</p>
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<p>Sunday</p> <p>1:30 PM</p>	<p>6-7 Miles</p> <p>Class B</p>	<p><b>FRENCH CREEK STATE PARK:</b> A moderately paced hike in French Creek State Park on a variety of trails. Directions: From Route 23 take Route 345 North 2.5 miles. Turn left at the sign for the state park. At the next stop sign turn right and go past the rangers office. Take the next right, then proceed on to the parking area near the playground. Bring water and a snack.</p>
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<p>Wednesday</p> <p>9:00 AM</p>	<p>Miles 10</p> <p>Class C</p>	<p><b>HORSE-SHOE TRAIL, Middle Creek to Route 322:</b> Horseshoe Trail. There will be some steep hills and a shuttle. Go directly to Route 322 parking area to meet the hike leader. Directions: Go west on Route 322 through Ephrata to Route 501 in Brickerville. Continue across Route 501 for 2.3 miles to a big parking lot at the bottom of hill on right at Pumping Station Rd. Bring water, lunch, and snack. Please Note: There is no or limited cell service at the meeting place.</p>
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Saturday Long Hike 7:30 AM	14 Miles Class C	<b>SHOWERS STEPS/APPALACHIAN TRAIL:</b> Meet at the Morgantown Clock Tower Plaza for carpooling. The hike begins near Bethel, PA. We'll climb a steep blue blaze trail which leads to Showers Steps and ultimately, the summit of Round Head. From there we'll walk north on the AT and enjoy the Blue Mountain vistas. For details, reference the PA AT Maps, sections 5 and 6.
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